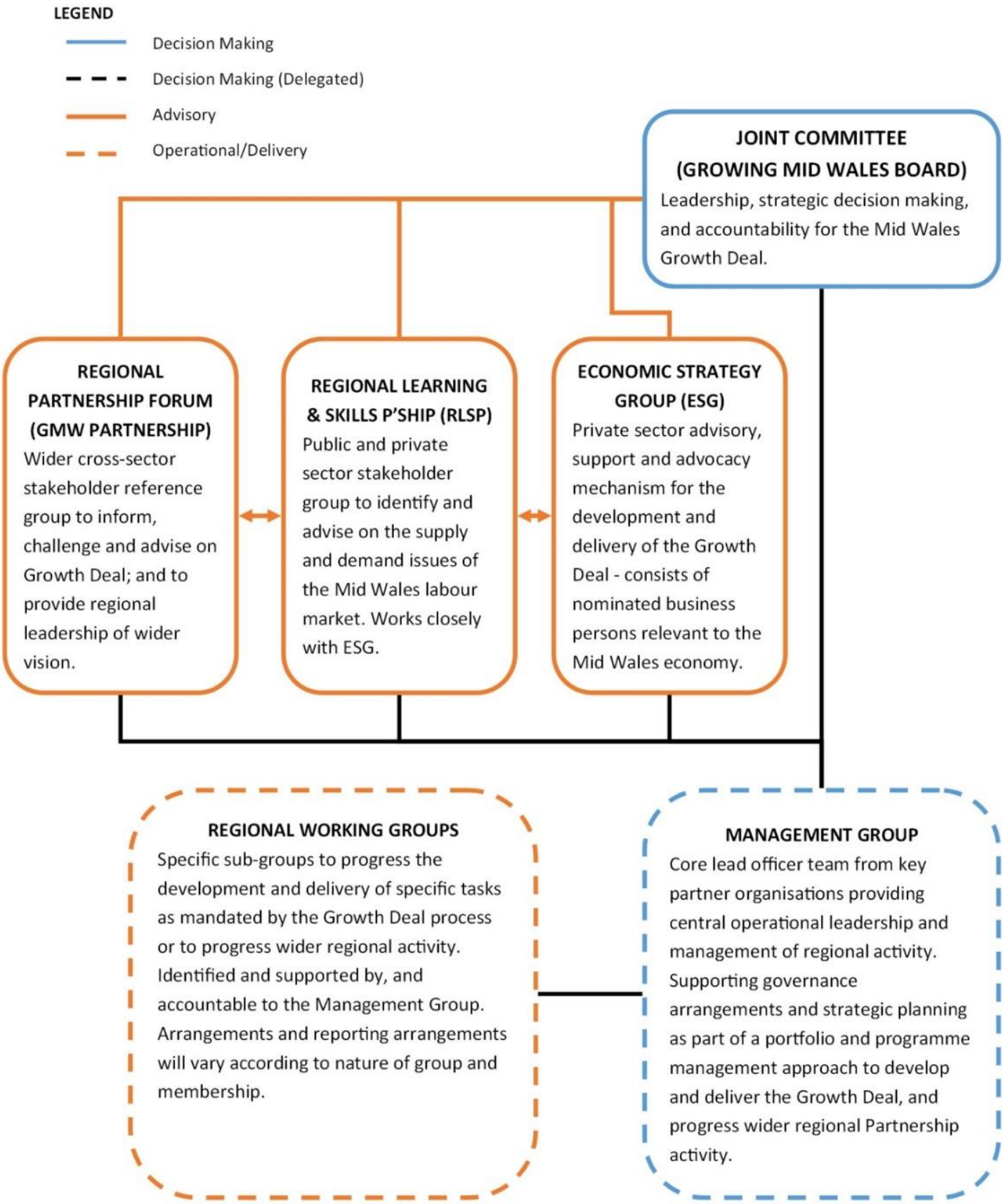Growing mid Wales established arrangements